



**Come one, come all to SOAR Strolls at Sherwood Island on Sunday mornings at 10:00 a.m.!**

Get in some steps and spend restorative time by the water.



Sundays at 10:00 a.m.



Sherwood Island, Westport, CT

Our mission is to create opportunities for informal social engagement through in-person and online programming, all geared toward sparking joy and connection.

Meet under the Main Pavilion, rain or shine (unless there is lightning).

Visit [www.SoarTogetherCT.org](http://www.SoarTogetherCT.org) to learn more.



Ginger Smith  
SOAR Together CEO  
[gsmith@soartogetherct.org](mailto:gsmith@soartogetherct.org) | 203-810-6141